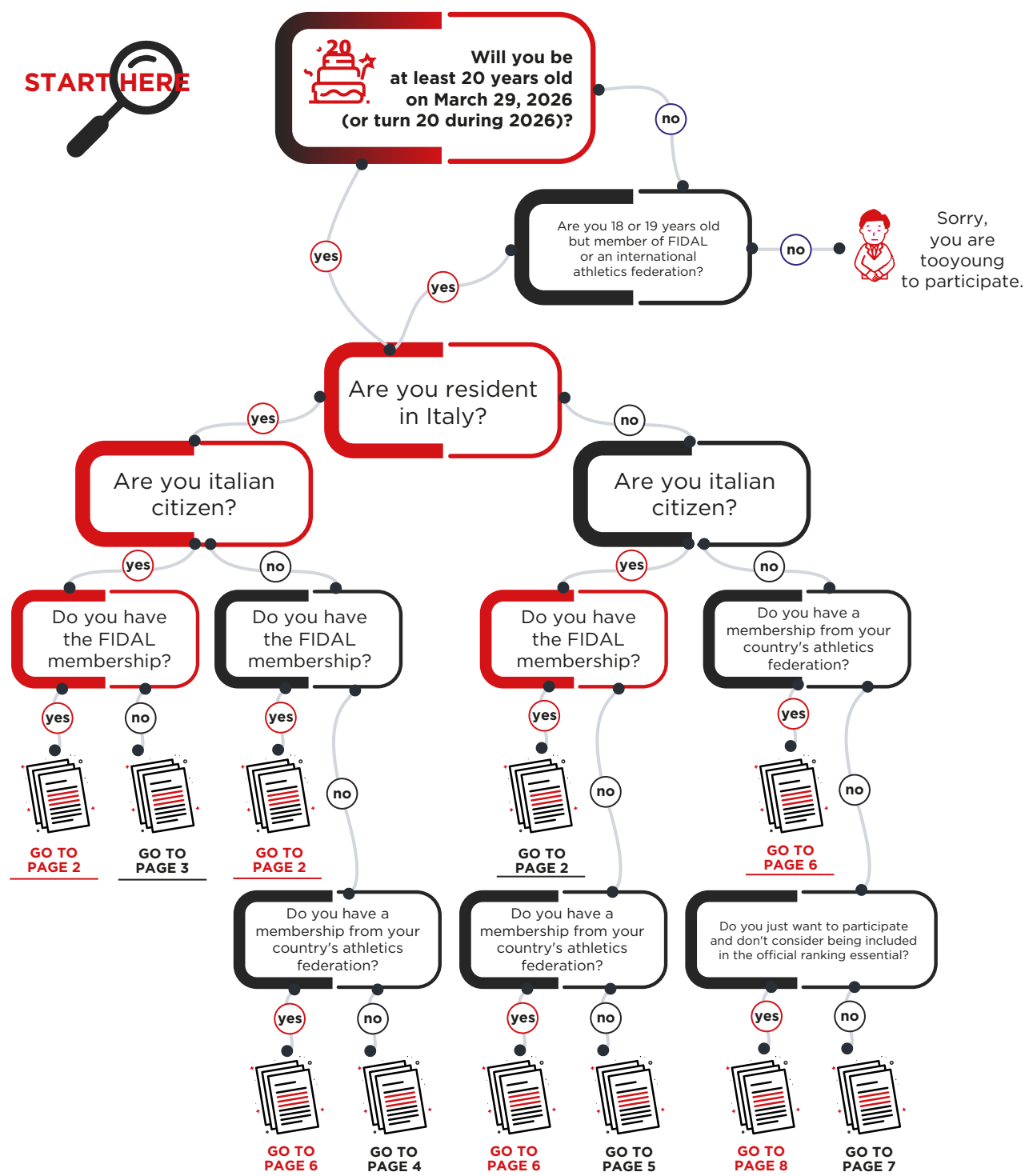




**MEZZA  
MARATONA  
D'ITALIA**  
MEMORIAL ENZO FERRARI

We have prepared the flowchart below to help you understand which documents you need to participate in the Italian Half Marathon – Enzo Ferrari Memorial 2026.



# PARTICIPATION WITH **FIDAL** MEMBERSHIP

## **REQUIREMENTS**

18+ Years old (born in 2008 or earlier). To participate, your FIDAL membership must be valid on the race date.

## **MEDICAL CERTIFICATE**

There is no need to present a medical certificate: the information regarding its validity is stored in the FIDAL database, which we use to verify your membership.

## **SUMMARY**

To complete your registration, you must:

- enter your **FIDAL membership number**
- enter your **FIDAL club code**
- enter your **FIDAL club name**

# PARTICIPATION WITH RUNCARD

## - Italian resident in Italy -

### REQUIREMENTS

20+ Years old (born in 2006 or earlier). To participate, you must have a valid RUNCARD on the date of the marathon. You must also have a medical certificate of fitness for competitive athletics (other wordings are not accepted) valid on the date of the marathon.

### RUNCARD

The RUNCARD for residents in Italy costs €30 (€15 for those registered with a Sports Promotion Body) and must be purchased independently on the website [www.runcard.com](http://www.runcard.com). After purchase, the card will be sent digitally (via email) along with the request form for the medical examination to be given to the sports doctor.

### MEDICAL CERTIFICATE

Since you are a resident in Italy and an Italian national, you must provide a certificate issued in Italy.

### SUMMARY

To complete your registration, you must:

- enter your **RUNCARD number**
- upload your **medical certificate**

### CHECK THAT...

- RUNCARD has sent you the specific request form for the medical examination to present when you go for the tests.
- the certificate is present and includes the wording “certificate of fitness for competitive sports” and is issued under Article 5 - Ministerial Decree 18/02/82

### SPECIAL SITUATIONS TO CONSIDER

- certificates issued in Emilia-Romagna must be on the official form that includes the region’s logo in the header

### THE CERTIFICATE IS NOT VALID IF...

- it contains other wordings such as “non-competitive sports activity,” “recreational motor activity,” or similar
- it is issued occasionally, for example privately, without a thorough examination

# PARTICIPATION WITH RUNCARD

## - Foreign resident in Italy -

### REQUIREMENTS

20+ Years old (born in 2006 or earlier). To participate, you must have a valid RUNCARD on the date of the marathon. You must also have a medical certificate of fitness for competitive athletics (other wordings are not accepted) valid on the date of the marathon.

### RUNCARD

The RUNCARD for residents in Italy costs €30 (€15 for those registered with a Sports Promotion Body) and must be purchased independently on the website [www.runcard.com](http://www.runcard.com). After purchase, the card will be sent digitally (via email) along with the request form for the medical examination to be given to the sports doctor.

### MEDICAL CERTIFICATE

Since you are a resident in Italy and an Italian national, you must provide a certificate issued in Italy.

### SUMMARY

To complete your registration, you must:

- enter your **RUNCARD number**
- upload your **medical certificate**

### CHECK THAT...

- RUNCARD has sent you the specific request form for the medical examination to present when you go for the tests.
- the certificate is present and includes the wording “certificate of fitness for competitive sports” and is issued under Article 5 - Ministerial Decree 18/02/82

### SPECIAL SITUATIONS TO CONSIDER

- certificates issued in Emilia-Romagna must be on the official form that includes the region’s logo in the header

### THE CERTIFICATE IS NOT VALID IF...

- it contains other wordings such as “non-competitive sports activity,” “recreational motor activity,” or similar
- it is issued occasionally, for example privately, without a thorough examination

# PARTICIPATION WITH RUNCARD

## - Italian resident abroad -

### REQUIREMENTS

20+ Years old (born in 2006 or earlier). To participate, you must have a valid RUNCARD on the date of the marathon. You must also have a medical certificate of fitness for competitive athletics (other wordings are not accepted) valid on the date of the marathon.

### RUNCARD

The RUNCARD for residents abroad costs €15 and must be purchased independently on the website [www.runcard.com](http://www.runcard.com). After purchase, the card will be sent digitally (via email). The RUNCARD is essential because it provides mandatory insurance coverage by law, as you are not registered with an Athletics Federation.

### MEDICAL CERTIFICATE

Although you are not a resident in Italy, you are an Italian citizen, so under current laws you are required to provide a certificate issued in Italy.

### SUMMARY

To complete your registration, you must:

- enter your **RUNCARD number**
- upload your **medical certificate**

### CHECK THAT...

- RUNCARD has sent you the specific request form for the medical examination to present when you go for the tests.
- the certificate is present and includes the wording “certificate of fitness for competitive sports” and is issued under Article 5 - Ministerial Decree 18/02/82

### SPECIAL SITUATIONS TO CONSIDER

- certificates issued in Emilia-Romagna must be on the official form that includes the region’s logo in the header

### THE CERTIFICATE IS NOT VALID IF...

- it contains other wordings such as “non-competitive sports activity,” “recreational motor activity,” or similar
- it is issued occasionally, for example privately, without a thorough examination

# PARTICIPATION WITH FOREIGN FEDERATION MEMBERSHIP

## REQUIREMENTS

18+ Years old (born in 2008 or earlier). To participate, membership information is sufficient. The membership card must be valid on the date of the race.

## SUMMARY

To complete your registration, you must:

- enter the **name of the Federation**
- enter the **membership number**
- enter the **name of the running club**
- upload the membership self-certification (use the specific form found on page 11 in English and page 12 in French)

# PARTICIPATION WITH RUNCARD

## - Foreign resident abroad -

### REQUIREMENTS

20+ Years old (born in 2006 or earlier). To participate, you must have a valid RUNCARD on the date of the marathon. You must also have a medical certificate of fitness for competitive athletics (other wordings are not accepted) valid on the date of the marathon.

### RUNCARD

The RUNCARD for residents abroad costs €15 and must be purchased independently on the website [www.runcard.com](http://www.runcard.com) (unfortunately, the site is only available in Italian). After purchase, the card will be sent digitally (via email). The RUNCARD is essential because it provides mandatory insurance coverage by law, as you are not registered with an Athletics Federation.

### MEDICAL CERTIFICATE

You must have the official form completed, signed, and stamped by a doctor in your country (you can find it on page 9 in English and page 10 in French).

### SUMMARY

To complete your registration, you must:

- enter your **RUNCARD number**
- upload your **medical certificate**

### WHY IS IT SO COMPLICATED?

Italian regulations for athlete health protection are among the strictest in the world and, to prevent potentially serious incidents, require compliance with very rigorous standards. According to Italian law and the Athletics Federation, to participate in a marathon in Italy, an athlete must be registered with an Athletics Federation and present a medical certificate confirming fitness for competitive sports under Italian regulations.

### WHAT CHARACTERISTICS MUST THE CERTIFICATE HAVE?

- The official form to be given to the doctor is on page 9 (in English) and page 10 (in French).
- We strongly recommend using these forms exclusively to avoid the medical certificate being rejected. For assistance, contact us via email at [info@mezzamaratonaditalia.it](mailto:info@mezzamaratonaditalia.it)

# SPORT-TOURISM PARTICIPATION

## - Foreign resident abroad -

### ATTENTION.

Participation as “tourist-sport” under the rules of the Italian Athletics Federation entails the following limitations:

- bib number different from other participants;
- no inclusion in the ranking, but in an alphabetical list of finishers with time indication;
- no possibility of receiving prizes, bonuses, reimbursements, etc.

### REQUIREMENTS

20+ years old (born in or before 2006). Must not be registered with any club affiliated with FIDAL or with any foreign athletics club affiliated with World Athletics. These athletes will take part in a non-competitive event that is not under the authority of FIDAL, although it will take place at the same time as the competitive half marathon. To participate, these athletes must carefully read and accept the liability waiver and health information form, which will be available in the registration form.

### MEDICAL CERTIFICATE

A medical certificate is not required, but it is highly recommended to visit a doctor to ensure you are in good health.

### SUMMARY

To complete your registration, you must:

- Fill out the liability waiver and health information form during the online registration process.

**Medical Certificate**

**Competitive sport activity**

The undersigned .....(licensed physician), on the basis of the medical tests:

- medical visit
- test of urines (urinalyses)
- electrocardiogram at rest and stress test
- spirometry

diagnostic tests as by the Italian law to be able to practice competitive sports activities (Ministerial Decree 18/02/1982).

certify that

Name .....Surname.....

Born.....in.....

Resident in.....in.....

can practice competitive Athletics sport activity.

This certificate is valid for.....

and will expire on.....

**Date,**

The Doctor

(stamp e signature)

**Certificat medical**  
**Activités sportives compétitives**

Le soussigné..... (médecin autorisé) sur la base d'une  
évaluation médicale effectuée:

- examen physique,
- examen complet de l'urine,
- un électrocardiogramme au repos et après l'exercice,
- spirométrie,

inspection conforme aux tests diagnostics prévus par la loi applicable en Italie  
pour être en mesure de exercer des activités sportives compétitives (Décret  
Ministériel 18/02/1982).

**certifie que**

Nom.....Prenom.....

né le.....à.....

et résident à.....

en.....

peut exercer des activités sportives compétitives d'Athlétisme.

Ce certificat est valable pour .....

et prendra fin le.....

**Date,**

Le Médecin

(timbre et signature)



# DECLARATION

## athlete licensed or registered for a Foreign Federation

First Name, Last Name

born on(dd/mm/yyyy)

born in (city, country)

nationality

gender(M/F)

resident at (complete address)

### declares that

is registered for or licenced by the following Federation affiliated to World Athletics:

Federation name

Club / Team (if applicable)

Card number / code (if applicable)

I hereby declare myself fully responsible for this declaration, acknowledging the legal consequences of a false statement.

**DATE** (dd/mm/yyyy)

**SIGNATURE**



# DÉCLARATION

## athlète licencié ou enregistré pour une Fédération Étrangère

Prénom, Nom

né le (jj/mm/aaaa)

Né à (ville, pays)

nationalité

sexe (M/F)

résident à (adresse complète)

### déclare que

est inscrit ou licencié par la Fédération suivante affiliée à World Athletics:

Nom de la Fédération

Club / équipe (le cas échéant)

Numéro / code de la carte (le cas échéant)

Je déclare être entièrement responsable de cette déclaration, en reconnaissant les conséquences juridiques d'une fausse déclaration.

**DATE** (jj/mm/aaaa)

**SIGNATURE**



**MEZZA  
MARATONA  
D'ITALIA**  
MEMORIAL ENZO FERRARI

*See you  
in March!!*

**THANK YOU**

